

God rescues his people from Egypt – Exodus

7:14-14:31



FOR YOU

God had heard the cries of his people and was going to answer their prayers by rescuing them from Egypt. The trouble was that the Pharaoh in charge wouldn't let them go. This is a tricky story because we see the consequences of going against God's will in the terrible plagues that afflicted Egypt including the death of all the first born sons. This re-telling of the story focuses how God rescued the people of Israel from slavery.

STORY



Ready-steady

Ask everyone to suggest things you might pack if you were going on a long journey.

In today's story we hear about how God rescued the people of Israel from slavery in Egypt. They had to be ready to leave immediately and couldn't take much with them because they were walking and couldn't carry much



Read-tell

Lay two pieces of blue fabric across the room meeting in the middle. Ask everyone to put their coats on and stand up as you are getting ready to go on a journey. Read 'A meal to remember' (p42) as you get to the meal, hand out little pieces of bread (be aware of allergies). At the end lead everyone 'out of Egypt' around the room arriving at the blue fabric. Read 'Crossing the Red Sea' (p43). When the Red Sea parts, create a pathway between the two pieces of fabric, for you all to walk through



Wonder together

*I wonder how the families felt as they ate their last meal in Egypt?
I wonder how they felt when they arrived at the Red Sea blocking their way?
I wonder how easy it is to trust God when things are scary and challenging?*



Additional ide-

Read 'Let God's people go!' (p34) in Bob Hartman's 'Play along Bible'

MAKE & PLAY



- Print out the pictures of the story and ask people to try to put them in order <https://www.freebibleimages.org/illustrations/Is-moses-red-sea/>
- Provide dressing up clothes and toys associated with people that help and rescue us and/or going on a journey for the children to play with
- The people of Israel ate flatbread as part of their special pre-departure meal because there wasn't time for it to rise. Provide wraps and various toppings/fillings and encourage everyone to make their own flatbread



PRAY

Encourage everyone to respond to each sentence with the words:

'be with me and help me to trust you'

When things are hard and not going my way

be with me and help me to trust you.

When things are uncertain and I don't know what is happening next

be with me and help me to trust you.

When things are scary and I am frightened

be with me and help me to trust you.

When there are obstacles and challenges that are getting in the way of a brighter future

be with me and help me to trust you.

Amen

SONGS

- My God is so big, so strong and so mighty
- My God is so big, and I am so small
- Bigger than big

@HOME

Encourage everyone to pray 'be near me and help me to trust you' every time they put their coat on