

The Lord's Prayer

Matthew 6:8-12, Luke 11:2-4

Aim: to learn from Jesus how important and easy it is to talk with God

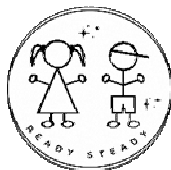


SpT1H



Sometimes in church it might feel like we rattle off the Lord's Prayer without really thinking about what it means. Jesus gave us this prayer as a guide for all our prayers showing us the kind of things we can talk to him about.

- Who God is - totally awesome and pure and holy
- Our hope that the world can be a better place as we follow God's holy will.
- Recognition that we are fully reliant on God for everything.
- Our need for repentance and forgiveness that go hand in hand.
- Prayer for protection against going astray.
- Remembering that everything belongs to God and our hope that that becomes really clear to everyone



Ask everyone who they have had conversations with over the last couple of days. Hopefully the list will include a variety of people and a variety of conversations - some important, some not, some happy, some sad, etc.

As our loving parent, God loves it when we talk to him in prayer. It doesn't have to be formal it can be just like the chats we have everyday with people around us (use some of the examples given). Today we are going to hear about some ideas for prayer that Jesus gave his friends the disciples



Read 'Praying as Jesus did' p178.

You might have heard that prayer in church, it is often called 'The Lord's Prayer' - this is how it goes... Read 'Jesus' prayer' (p179)

Show everyone a 'prayer box' made from the net below and explain that each side describes an element of the Lord's prayer and can help us to talk to God. Go through each of the six cube sides and talk about things to say for each one. Remind everyone that God doesn't just listen to our words, he also listens to our thoughts and the things we feel deep inside and perhaps cannot say

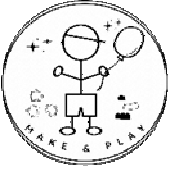


- *I wonder how I can listen as well as talk to God*



Put people in small groups and ask them to write their own version of the Lord's Prayer. If you don't have much time, give each group one line and then put them all together

Do the ['action prayer'](#) together



- Encourage everyone to make their own 'prayer box' from the net below. You might want to cut them out and put double-sided sticky tape on the 'glue' tabs to make it easier as it is quite fiddly.
- Play a game with a dice. Depending on how many of the children understand numbers, agree what happens when the die lands. For instance, if it lands on an even number everyone has to put their hands together. If it lands on an odd number everyone has to put their hands in the air. Or, 1 = stand straight, 2= star shape, 3= curled up, 4= etc.
- Print out copies of the Lord's Prayer (see below) and provide pretty stickers to decorate them with



Give out bubbles, ribbons and light fabric scarves. Play a sung version of the Lord's prayer

e.g. <https://www.youtube.com/watch?v=kUjLd6k6uXk>

and encourage everyone to join in 'lifting their prayers' by blowing bubbles, waving their ribbons and dancing in time to the music.



- Jesus love is very wonderful
- Nothing's too big
- He says that you're amazing



Give every family a completed 'prayer box' and encourage them to use it at home by rolling it and talking to God about what comes up

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen**

You are
awesome God

Glue

Glue

Help us all to
make the world a
better place

Please give us
all we need to
live life well

Forgive us when
we say sorry and
help us to
forgive others

Glue


Glue

Help us to
always be
loving, kind and
generous

Everything is
yours and is
amazing
because you are
amazing

Glue

 = Cut

 = Fold