Video: Oh My Soul-**Travis Cottrell**

Liturgy based on Psalm 100

Opening prayer written by Joan Stott

Call and response written by John Leach

Call and response written by Dave Hopwood (engageworship.org)

Divide the congregation into small groups and equip with Bibles. Explain that you are going to give them 5 minutes to find as many Psalms as possible that have the word 'praise' in them. When the group has found the Psalm, non readers can be tasked with coming to the front to give you the number of it. Write up the numbers for each team. If a number is already on the board, another team can't also have it, so they need to be quick.

If people have enjoyed it, then you can do the same game for the word 'thanks'.

Heavenly Father, we want to ioin our voices with the whole of creation and praise you for your goodness and grace and for all the good things you give us. Help us to worship you with the things that we say and the things that we do.

Amen

Make a loud noise to the Lord

Give out pieces of paper and ask people to write or draw something that they are grateful for on one side of the paper, and a praise word or sentence on the other.

Encourage everyone either to start saying them as a whisper and get louder and louder; or make up a football style chant

Psalm 100



We do not know who wrote Psalm 100 but it might well have been written when the temple had been rebuilt, about 80 years after the Babylonians had destroyed it. It encourages us to make our thanks and praise known to the world. The understanding that the words used could mean the kind of singing and chanting and shouting encouragement that you would hear at a sports event. Our praise and thanks shouldn't just be about making a noise, the worship we are called to bring in verse two includes our acts of worship and service to God. We do these in response to what he has done for us.

> As Christians we are free to worship wherever we want, but this means we also have a responsibility to worship God—give him his worth—wherever we are and whatever we are doing, not just when we are in church. This includes things like: picking up litter so that our neighbours can enjoy their street; being friendly with the cashier in the supermarket and putting our trolley back when we have finished with it; saying or singing thank you to God as we walk through somewhere beautiful; and taking time to carefully recycle packaging.

BEGINNINGS

Give out the #Livelent booklets and ask families to turn to pages 8 and 9. See how many ideas they can come up with for the four challenges on that page which include: giving something up that would save energy, plastic, waste, etc.; and looking after a part of God's creation. Once these have been shared pray for God's help to be thankful for all that he has made and do our best to look after his creation